

## Atrium Health Navicent Baldwin Offers Free Lunch n' Learn Series

Make plans to join the Oct. 1 session

**MACON, Ga., Sept. 30, 2024 –** <u>Atrium Health Navicent Baldwin</u> is offering the community an opportunity to learn about a variety of important health topics in a series of recurring of Lunch n' Learn sessions.

The next Lunch n' Learn will take place at noon Oct. 1 with guest speaker <u>Dr. Tony Scott</u>, director of the Breast Program at <u>Atrium Health Navicent Peyton Anderson Cancer Center</u>. He will speak about what happens when you or a loved one is diagnosed with breast cancer.

"Breast cancer is the second most common cancer among women in the United States," Scott said. "The best thing that women can do to increase their chances to thrive after diagnosis is to catch it early through a screening mammogram. Getting regular mammograms can lower the risk of dying from breast cancer. If you've been putting off getting a mammogram, let's talk about why it's so important during this Lunch n' Learn session."

October's session will be held at Atrium Health Navicent Baldwin, 821 North Cobb St., Milledgeville, in the second floor mezzanine near the elevator. All sessions are free and open to the public. Lunch will be provided.

For more information about the Lunch n' Learn session, call 478-776-4641. To RSVP, email <a href="Vickie.Humphrey@AtriumHealth.org">Vickie.Humphrey@AtriumHealth.org</a>. If you or a loved one has concerns about cancer risk factors, available screenings or cancer care, contact Atrium Health Navicent Peyton Anderson Cancer Center at 478-633-3000.

## **About Atrium Health Navicent**

Atrium Health Navicent is the leading provider of health care in central and south Georgia and is committed to its mission of elevating health and well-being through compassionate care. Atrium Health Navicent is part of Advocate Health, which is headquartered in Charlotte, North Carolina, and is the third-largest nonprofit health system in the United States, created from the combination of Atrium Health and Advocate Aurora Health. Atrium Health Navicent provides high-quality, personalized care in 53 specialties at more than 50 facilities throughout the region. As part of the largest, integrated, nonprofit health system in the Southeast, it is also able to tap into some of the nation's leading medical experts and specialists with Atrium Health, allowing it to provide the best care close to home – including advanced innovations in virtual medicine and care. Throughout its 125-year history in the community, Atrium Health Navicent has remained dedicated to enhancing health and wellness for individuals throughout the region through nationally recognized quality care, community health initiatives and collaborative partnerships. It is also one of the leading teaching hospitals in the region, helping to ensure viability for rural health care for the next generation. For more information, please visit <a href="https://www.NavicentHealth.org">www.NavicentHealth.org</a>.

## **About Advocate Health**

Advocate Health is the third-largest nonprofit integrated health system in the United States – created from the combination of Advocate Aurora Health and Atrium Health. Providing care under the names Advocate Health Care in Illinois, Atrium Health in the Carolinas, Georgia and Alabama, and Aurora Health Care in Wisconsin, Advocate Health is a national leader in clinical innovation, health outcomes, consumer experience and value-based care. Headquartered in Charlotte, North Carolina, Advocate Health services nearly 6 million patients and is engaged in hundreds of clinical trials and research studies, with Wake Forest University School of Medicine serving as the academic core of the enterprise. It is nationally recognized for its expertise in cardiology, neurosciences, oncology, pediatrics and rehabilitation, as well as organ transplants, burn treatments and specialized musculoskeletal programs. Advocate Health employs 155,000 teammates across 69 hospitals and over 1,000 care locations and offers one of the nation's largest graduate medical education programs with over 2,000 residents and fellows across more than 200 programs. Committed to providing equitable care for all, Advocate Health provides more than \$6 billion in annual community benefits.